

A TASTE OF LOUGH DERG 2018



Join us for our summer food series on the shores of Lough Derg in counties Tipperary, Clare and Galway with events taking place around the lake in June, July August and September. Sample local produce and new experiences in Lough Derg – Ireland's Hidden Heartlands.

A Taste of
Lough Derg
LAKELANDS

 2018



▷ Paddle Picnic

JULY - Sun 1st: 10am - 2.30pm

Explore our glorious lake and take in its splendour with our guided canoe and kayak tour, finishing our day with a delicious picnic feast with goodies from around the lake. We promise an unforgettable experience, come with the family or meet some new found friends. Our tour will take you to places you have never been. We'll instil a passion for the outdoors and fill you with laughter along the way. Welcome to all, no previous paddling necessary. **BOOKING ESSENTIAL.**

WHERE: Kilgarvan Quay, Brockagh, Nenagh, Co. Tipperary. **PRICE:** €50 per person. Discounts for families so please inquire.

T: 086 411 4822 **E:** info@loughdergwatersports.com **W:** www.loughdergwatersports.com

 @LoughDergWaterS  LoughDergWaterSports



▷ Yoga on Brookfield Farm

JULY - Sat 7th: 11am

Experience Yoga in Nature. Building on the success of local yoga classes with popular and talented teacher Emma (Yoga in Terryglass), we offer a special yoga session on the lovely Brookfield Farm shores of Lough Derg. An event to link body, spirit and breath with the delights and healing of nature. Imagine soft breezes, warmth of the sun, lapping of water and beautiful views combined with yoga. Followed by Brookfield Farm delicious light refreshments and a chance to chat about the farm and views. Weather dependent. **BOOKING ESSENTIAL.**

WHERE: Brookfield Farm, Coolbawn, Nenagh, Co. Tipperary. **PRICE:** €15 per person.

T: 086 855 1309 **E:** hello@brookfield.farm **W:** www.brookfield.farm  @farmbrookfield  BrookfieldFarmProduce

▷ Cáis Na Tíre Open Day

JULY - Sat 14th: 10.30am

Join Barry and Lorraine on their working farm and meet the ewes that provide the milk for our cheese. That's right! Ewes not cows, outdoors for most of the year feeding on fresh grass and anything else they can get their mouths to! After the farm tour, we will show you the manufacturing process for our award-winning cheese made from sheep's milk. Cáis Na Tíre is aged on-site until it's six months old, it develops rich, toasty and caramel notes as the sweetness of the sheep's milk starts to display. Finishing it off with a fabulous cheese tasting. **BOOKING ESSENTIAL.**

WHERE: Cáis Na Tíre Cheese, Cloninaha, Terryglass, Co. Tipperary. **PRICE:** Free to attend.

T: 087 227 4789 **E:** caisnatire@gmail.com **W:** www.caisnatire.ie  @caisnatire  CaisNaTire

▷ "Walk in the Steps of Brian Boru"

High King of Ireland over 1000 years ago

JULY - Mon 16th: 5pm

Guided walk with Nuala around the beautiful historic village of Tuamgraney followed by a traditional Irish meal from our evening specials with a drink of your choice or choice of dessert.

WHERE: Nuala's, Tuamgraney, Scariff, Co. Clare. **PRICE:** €25 per person.

T: 061 921 249 **E:** nualastuamgraney@gmail.com **W:** www.nualas.ie  @nualakilkenny  nualasbar



▷ Tapas 'n' Cocktail Night with Music

JULY - Wed 18th: 7pm

Enjoy an evening of delicious Tipperary Tapas using locally sourced ingredients and a cocktail or glass of wine with your friends while our cocktail experts demonstrate how to shake some summer cocktails at the Peppermill. **BOOKING ADVISED.**

WHERE: The Peppermill, 27 Kenyon St, Nenagh, Co. Tipperary. **PRICE:** €20 per person.

T: 067 34 598 **E:** info@thepeppermill.ie **W:** www.thepeppermill.ie  @PeppermillNenagh  thepeppermillnenagh

▷ Cheese & Wine Tasting Evening

JULY - Fri 20th: 7pm

Come along to AnnaCarriga's BoatHouse Restaurant to our informal cheese and wine tasting evening. We will be exploring a range of delicious local cheeses and matching them with some classic wines from around the globe. You'll pick up some really good tips to take away and practice at home. **BOOKING ESSENTIAL.**

WHERE: The BoatHouse Restaurant at AnnaCarriga Holiday Resort, Killaloe, Co. Clare. **PRICE:** €25 per person.

T: 061 376 777 **or** 087 9844 383 **E:** info@annacarriga.com **W:** www.annacarriga.com **Twitter:** @AnnaCarriga **Facebook:** AnnaCarrigaBoatHouse

▷ Tour of Portumna Castle Kitchen Garden

JULY - Sat 21st: 2pm

Come to Portumna Castle for the unique experience of a guided tour of our 17th century walled kitchen garden with OPW Craft gardener Lynn O'Keeffe. Afterwards you can treat yourself to something delicious while relaxing in our new Courtyard Tea Rooms and facilities. Meet at Reception next to Tea Rooms. **BOOKING ESSENTIAL.**

WHERE: Portumna Castle, Co Galway. **PRICE:** Free tour (food can be purchased).

T: 090 974 1667 **E:** portumnacastle@opw.ie **or** info@catocafinefood.com

W: www.heritageireland.ie/en/west/portumnacastleandgardens **or** www.catocafinefood.com

Twitter: @catocafinefood **Facebook:** portumnacastle **or** catocafinefood



▷ Taste & Make Chocolate Sessions

JULY - Wed 25th: 5.30pm

Want to visit a real working chocolate factory and get to make your own chocolates? We are running special Taste & Make sessions where you can taste all our choices and get to make your own versions of some of our most popular products. Come along on one of our sessions and you will be up to your elbows in chocolate and you can ask us questions, make suggestions and be a taste tester while you are here. So go on maybe it's time to let loose your Wilde side! **BOOKING ESSENTIAL.**

WHERE: Wilde Irish Chocolates Factory, Tuamgraney, Co. Clare. **PRICE:** €25 per person.

T: 061 922 080 **E:** wildeirishchocs@gmail.com **W:** www.wildeirishchocolates.com **Twitter:** @wildeirishchocs **Facebook:** WildeIrishChocolate

▷ Wine Buff Wine Experience, Demystifying Wines Fun & Informative Tasting Evening

JULY - Fri 27th: 7.30pm

Bring a friend or two and take the mystery out of wine tasting in our fun and informative wine tasting evening. You will be able to astound your friends with your knowledge afterwards. **BOOKING ESSENTIAL.**

WHERE: The Wine Buff, 5 Cecil Walk, Kenyon Street, Nenagh, Co. Tipperary. **PRICE:** €15 per person.

T: 067 42491 **E:** alexis@thewinebuff.com **W:** www.thewinebuff.com **Twitter:** @TheWineBuff_HQ **Facebook:** thewinebuffnenagh

▷ Pizza & Pasta Evening & Demonstration

JULY - Sun 29th: 6pm

Please join us at The Beehive for our Pizza and Pasta evening with a pizza making demonstration from our open-view kitchen. Have a great evening enjoying a pasta dish or pizza of your choice. Refreshments and homemade dessert medley are included. See you there. **BOOKING ESSENTIAL.**

WHERE: The Beehive Pizzeria, Patrick Street, Portumna, Co. Galway. **PRICE:** €15 per person.

T: 090 974 1830 **E:** jackluidin@gmail.com **Twitter:** @theBeehivePizzeria **Facebook:** The Beehive Pizzeria





LOUGH DERG MARKETS

KILLALOE FARMERS MARKET

Sundays 11am - 3pm

NENAGH COUNTRY MARKET

Fridays 8am - 1.30pm

MOUNTSHANNON FARMERS MARKET

Saturdays 11am - 3pm

PORTUMNA COUNTRY MARKET

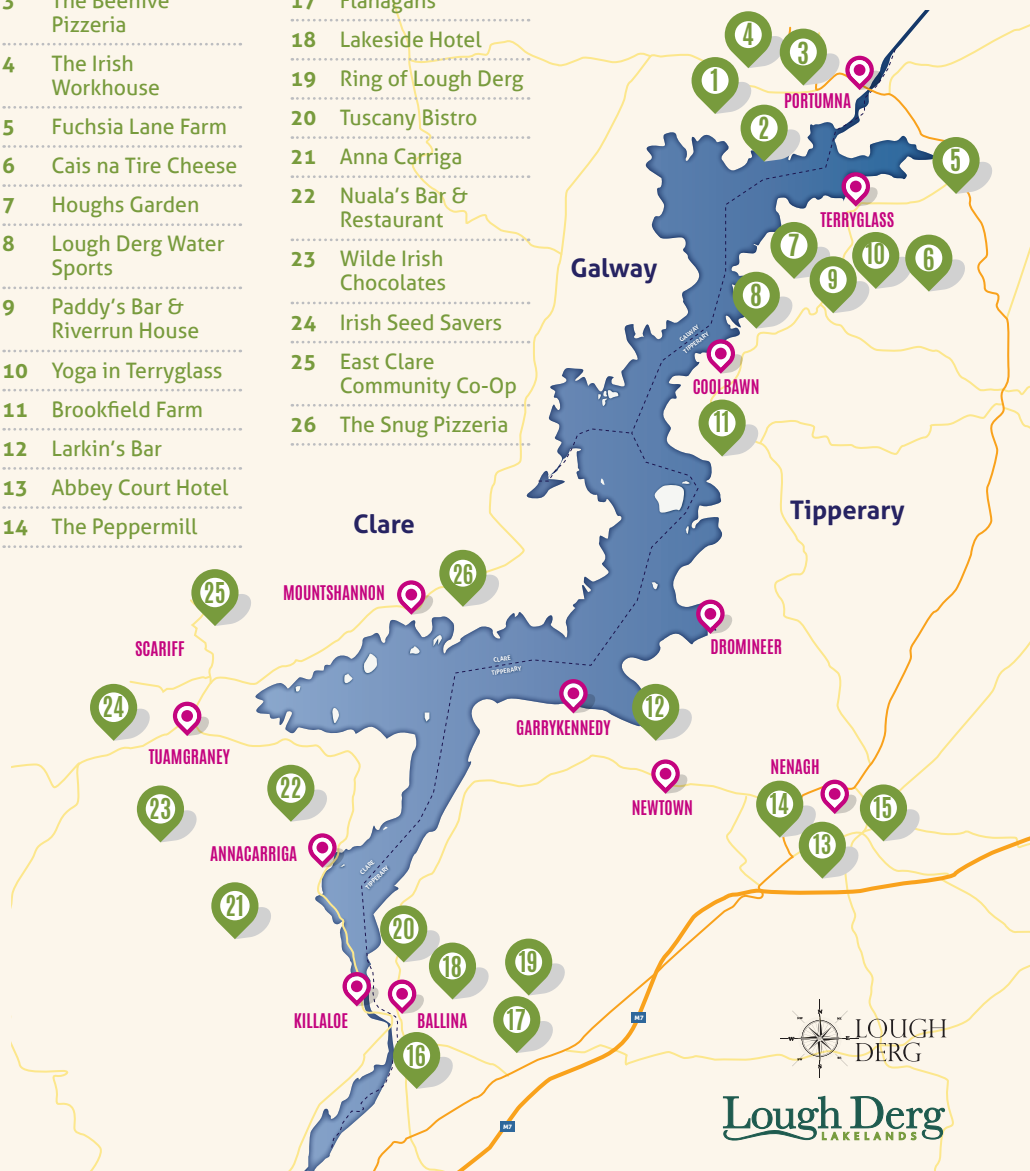
Fridays 8:30am - 12.30pm

SCARIFF COMMUNITY MARKET

Fridays 12pm - 4pm

LOCATIONS

- | | |
|--------------------------------|-------------------------------|
| 1 La Bouche | 15 The Wine Buff |
| 2 Portumna Castle | 16 Boruma |
| 3 The Beehive Pizzeria | 17 Flanagans |
| 4 The Irish Workhouse | 18 Lakeside Hotel |
| 5 Fuchsia Lane Farm | 19 Ring of Lough Derg |
| 6 Cais na Tire Cheese | 20 Tuscany Bistro |
| 7 Houghs Garden | 21 Anna Carriga |
| 8 Lough Derg Water Sports | 22 Nuala's Bar & Restaurant |
| 9 Paddy's Bar & Riverrun House | 23 Wilde Irish Chocolates |
| 10 Yoga in Terryglass | 24 Irish Seed Savers |
| 11 Brookfield Farm | 25 East Clare Community Co-Op |
| 12 Larkin's Bar | 26 The Snug Pizzeria |
| 13 Abbey Court Hotel | |
| 14 The Peppermill | |



A Taste of Lough Derg 2018 is supported by the Lough Derg Marketing Group.