

McKernan Woollen Mills Tour & Wine 'n' Dine at Nuala's

Wednesday 17th August at 6pm

See the listing in June for more information.

Tastes of the Orchards

Friday 19th & Saturday 20th of August at 11.30am

Starting at 11.30am with a 'Tasting Tour' of our beautiful Orchards at Irish Seed Savers, you will get to taste many heritage varieties of apples & our guide will talk you through the varieties. The second part of the day will commence at 2pm and will include a juicing demonstration, where you can sample freshly pressed apple juice. **€15 Full Day / €10 Half Day**

Where: Irish Seed Savers, Scariff. Booking in advance advised.
Phone: 061 921 866 Weather dependent. www.irishseedsavers.ie

Brookfield Farm Honey Celebration

Sunday 21st August 2016 at 2pm

Honey enthusiasts and our Hiveshare community are invited to immerse in a honey-soaked day! Kids very welcome. Meet the bee keeper, enjoy bee talks + farm walks, luxuriate in our wildflower meadows, a moment of peace sitting beside beautiful Lough Derg, see the wildlife in clover fields, enjoy amazing views of the lake and gorgeous countryside. Reconnect with nature and farm life, a day to remember and there's a treasure hunt too!
€5 per person (non-Hivehare owners) Kids go Free

Where: King's Hill, Ballyscanlan, Coolbawn, Nenagh, Co. Tipperary (welcome) & Brookfield Farm. Bookings in advance advised. Weather dependent.
honey@brookfield.farm or Phone: 086 855 1309
www.brookfield.farm @farmbrookfield

Larkin's Garden Party

Sunday 21st August at 5p.m

Come to Larkin's Garden Party for a delicious BBQ of local meats, with salads galore, cheeses and more! But there's a catch, this is a garden party after all so bring your own plates, cutlery, table cloths & dress your table in whatever theme you wish. There's a prize for the best dressed table! **€25 per person**

Where: Larkin's Bar & Restaurant, Garrykennedy, Co. Tipperary
Booking Essential. Phone: 067 232 332
www.larkins.ie @LarkinsGarryK

The Ring of Lough Derg BBQ Festival

Friday - Sunday 26th, 27th & 28th of August

Friday the 26th at The Washerwoman in Ballina will kick off the annual BBQ Festival with a free BBQ from 6.00pm - 9.00pm & Live Music. On Saturday Flanagan's will host "The Ring of Lough Derg" BBQ Competition. Teams will battle it out for the coveted prize of the "An Fulacht Fia Cup". On the day local artisan food producers will showcase their products at this food festival. A great family fun day out. Head to the BoatHouse Restaurant in Annacarriga on Sunday the 28th to top off a wonderful culinary weekend with a BBQ and Live Music from 2.00pm - 4.00pm. **€10 per person**

Where: Killaloe Ballina & Annacarriga. Booking not required.
Phone: 061 622 790
www.flanagansonethelake.com @ringofloughderg

Ignite the Senses with Chocolate

Sunday 28th of August at 3pm

Ignite the senses and join award winning chocolatier Malachy Dorris for a chocolate demonstration at his premises Lough Derg Chocolates on Silver Street in Nenagh. Lots of tastings guaranteed. **€5 per person**

Where: Lough Derg Chocolates, Silver Street, Nenagh, Co Tipperary.
Booking Required. Phone: 087 968 3534. info@loughdergchocolates.ie

Taste & Make Sessions at Wilde Irish Chocolates

Wednesday 31st August at 5.30pm

See listing in June for information. Booking required.

SEPTEMBER

Showcasing our Local Cheeses using Recipes from Around the World

Sunday 4th September at 3pm

Join us in The Derg Inn Terryglass for an afternoon sampling delicious pies and dishes using award winning local cheeses served with an array of salads using our own Lakeside Gardens produce. Enjoy a talk on cheese making from Supreme Champion cheesemaker, Marian Roeleveld of Killeen Farmhouse Cheese, meet Ralph Haslam from Mossfield Organic Farm and Barry and Lorraine Cahalan from Cais na Tire sheep's cheese. Cheeses will be available for sale. **€15 per person**

Where: The Derg Inn. Booking Essential.
Phone: 067 220 37 www.derginn.ie

@TheDergInn

One Hundred Years of Food

Sunday 11th September from 12pm to 5pm

Come to Terryglass for a special day of celebration of country living with the Borrisokane District Vintage Club. There'll be a showcase of traditional crafts, food and vintage displays. This event has something for all generations and Paddy's Bar in Terryglass will be serving up delicious fayre on the day.

Where: Terryglass Village, Co. Tipperary.
No Booking Required

@paddys_bar

Using and Preserving your Harvest

Saturday 17th September at 10am

This one day workshop will give practical tips and techniques on how to use, store and preserve your harvest. It will include a kitchen based session to demonstrate preserving a range of herbs, fruit and vegetables. Booking is essential as places are limited. **Lunch is included. €25 per person.**

Where: Scariff Community Garden at the East Clare Community Co-Op. Booking Essential. Phone: 061 921 536

Wellness & Healthy Eating

Wednesday 28th September at 7pm

Join Marion of 'Manna Bia' in the beautiful surrounds of Riverrun House for a cookery demonstration of healthy foods. Learn how to create tasty, varied and healthy changes to your everyday diet.

Relax then in the cosy comforts of Riverrun House and enjoy this fabulous array of food amongst friends. **€25 per person**

Where: Riverrun House, Terryglass, Co. Tipperary.
Booking Required. Phone: 067 22147 or 086 4114225
www.riverrun.ie @riverrunhousetg @manna_bia

Tastes of the Orchards

Wednesday to Saturday September 14th-17th at 11.30a.m

Starting at 11:30am with a 'Tasting Tour' of our beautiful Orchards at Irish Seed Savers, you will get to taste many heritage varieties of apples & our guide will talk you through the varieties. The second part of the day will commence at 2pm and will include a juicing demonstration, where you can sample freshly pressed apple juice. **€15 Full Day / €10 Half Day**

Booking in advance advised. Phone: 061-921866
www.irishseedsavers.ie

Taste & Make Sessions at Wilde Irish Chocolates

Wednesday 28th September at 5.30pm

See listing in June for information. Booking required.

Markets around Lough Derg

KILLALOE FARMERS MARKET: Sundays 11am to 3pm

NENAGH COUNTRY MARKET: Fridays 8am to 1.30pm

MOUNTSHANNON FARMERS MARKET: Saturdays 11am to 3pm

PORTUMNA COUNTRY MARKET: Fridays 8.30am to 12.30pm

SCARIFF COMMUNITY MARKET: Friday 10.00am to 4.00pm

TERRYGLASS VILLAGE MARKET: 5th June & 31st July at 10.30a.m

A Taste of Lough Derg LAKELANDS

2016

Come along to the food events in June, July, August and September to sample wonderful local produce around Lough Derg.



@atofloughderg #ATasteOfLoughDerg
www.atasteofloughderg.ie

www.facebook.com/ATasteofLoughDerg
Booking is advisable so you don't miss out on this taste experience.

JUNE

McKernan Woollen Mills Tour & Wine 'n' Dine at Nuala's

Wednesday 15th of June at 6pm

Take a tour of McKernan Woollen Mills and experience high quality contemporary scarves being woven on historic shuttle looms or knitted on state-of-the-art knitting machines. Follow this with a trip across to Nuala's for a delicious 9oz Irish Angus Sirloin locally sourced in Co. Clare. Enjoy a bottle of wine with your meal and sit back relax and enjoy a traditional Irish music session. **€50 for two people**

Where: Starting in McKernan Woollen Mills & then Nuala's Bar & Restaurant Tuamgraney, Co. Clare. Booking required. Phone: 087 273 9503
www.scarves.ie & www.nualas.ie @nualakilkenny

Farm Tour & Cheese Tasting

Sunday 19th June at 2pm

Barry and Lorraine Cahalan from Cais na Tire Sheep cheese are delighted to welcome you to their sheep farm in beautiful Terryglass. Enjoy a farm tour, see the ewes, meet the cheese producers and enjoy some tastings. This promises to be a unique experience on an Irish farm suitable for everyone.

Where: Cloninaha, Terryglass, Co. Tipperary.
Bookings are welcome. Phone: 087 227 4789
www.caisnatire.ie

Free Event

@caisnatire

The BoatHouse Tapas Tasting & Demonstration Evening

Thursday 23rd June at 7pm

Tapas Tasting & Demonstration evening at The BoatHouse will show you how to make a variety of simply made tapas demonstrated by our Chef Anthony O'Rourke. Everyone who loves food should come along for an enjoyable evening on the shores of Lough Derg, enjoy a glass of wine, great food and music. **€20 per person**

Where: The BoatHouse AnnaCarriga Estate, Killaloe, Co. Clare
Booking advisable. Phone: 061 376 777 or 087 984 4383
www.annacarriga.com @annacarriga

Ignite the Senses with Chocolate

Sunday 26th of June at 3pm

Ignite the senses and join award winning chocolatier Malachy Dorris for a chocolate demonstration at his premises Lough Derg Chocolates on Silver Street in Nenagh. Lots of tastings guaranteed. **€5 per person**

Where: Lough Derg Chocolates, Silver Street, Nenagh, Co Tipperary.
Booking Required. Phone: 087 968 3534
info@loughdergchocolates.ie

Taste & Make Sessions at Wilde Irish Chocolates

Wednesday 29th June at 5.30pm

Have you ever wondered what goes on behind the doors of an artisan chocolate maker? Visit our real working chocolate factory in Tuamgraney and see us at work. You will get to experience all the smells and sounds,



make some treats and sample them too. **€25 per person, (includes €12 worth of chocolate goodies)**

Where: Wilde Irish Chocolates, Tuamgraney, Co. Clare.

Booking Essential. Phone: 061 922 080

www.wildeirishchocolates.com

@wildeirishchocs

Tapas 'n' Cocktails in Tuscany Bistro

Thursday 30th June from 6pm to late

Enjoy your favourite cocktail and a plate of delicious tapas with your friends at Tuscany Bistro Ballina. Light bites from locally sourced ingredients, moreish cocktails and great banter. Kicks off at 6pm and runs all night.
€20 per person or €100 for table of 6

Where: Tuscany Bistro, Ballina, Co. Tipperary. Booking advised.

Phone: 061 376 888 www.tuscany.ie

@tuscanybistro1

JULY

Dromineer Open Air BBQ

Friday 1st July at 7.30pm

Pop over to the picturesque lakeside village of Dromineer for a wonderful open air BBQ Feast with delicious treats from local producers, The Whiskey Still & The Lake Cafe. This is a charity run event in aid of animal magic.
€15 per person

Where: Dromineer Village

Booking required. Phone: 087 241 1995

Feile Fest at The Lakeside Hotel

Sunday July 3rd from 2pm to 5pm

Come and enjoy the magnificent views of Lough Derg at The Lakeside Hotel's Garden Party this July. Enjoy a delicious Irish BBQ, live music and fun activities for all of the family. **Entry Free, food & drink available to purchase.**

Where: The Lakeside Hotel, Ballina/Killaloe, Co. Tipperary.

No booking required. Phone: 061 376 122

www.lakesidehotel.ie

@stayatlakeside

Bakery Demo & Tastings With Una

Wednesday 13th July from 7.30pm to 9pm

Have you always wanted to learn how to bake a fatless cake or delicious bread? Now you can learn from a pastry chef with a demonstration at Una M's Cake Shop in historic Portumna Town. Come along and Una will give you tips and tastings on the night. **Free Event**

Where: Una M'S Cakes, Clonfert Avenue, Portumna, Co. Galway

Booking Essential (spaces limited). Phone: 087 664 0288 f Una M's Cakes

McKernan Woollen Mills Tour & Wine 'n' Dine @ Nuala's

Wednesday 20th July at 6pm

See the listing in June for more information.



From Farm to Fork – Meet the suppliers

Thursday 21st July at 7pm

Join us in Le Bouchon for a celebration of some of Lough Derg's finest food producers. Serving up a menu dedicated to promoting local produce, Chef David's French heritage will ensure mouth watering dishes to feast on.

€35 per person

Where: Le Bouchon Restaurant, Patrick Street, Portumna, Co. Galway.

Booking Essential. Phone: 0909 741 780 or 087 274 3658

www.facebook.com/lebouchonportumna

@shivyanddada

Garden Tour with Afternoon Tea

Saturday 23rd July at 2.30pm

Enjoy a delightful garden tour 600 metres from the shores of Lough Derg near Terryglass. Learn about the growing of vegetables and fruit which are used in the preparation of preserves, chutney's and relishes. After the tour afternoon tea will be served with homemade goodies. **€12.50 per person**

Where: Hough's Garden, Ballinderry, Terryglass, Co. Tipperary.

Booking is Essential. Phone: 086 846 6461. wilkinsm@indigo.ie



Cooking for Kids

Monday July 25th from 10am to 2pm - Friday 29th from 10a.m to 2pm

Book your children into this week long summer camp that will introduce children to power foods, delicious fruit smoothies, energy boosting nutrition balls and tasty treats. It will both inspire and teach children about healthy food in a fun environment. **€12 per day including Lunch, €55 for 5 days including Lunch**

Where: Cothu Cookery School at the East Clare Community Co-Op.

Booking is Essential. Phone: 061 921 536

@eastclarecoop

Taste & Make Sessions at Wilde Irish Chocolates

Wednesday 27th July

See listing in June for information. Booking Required.

Guided Foraging for Edible Flowers, Herbs & assorted Salads

Saturday 30th July at 2.00pm

As part of the Scariff Harbour Festival (wristband needed) this lunchtime event welcomes families for a guided walk through the Community Gardens to gather ingredients to be prepared and served al fresco with fresh baked pizza (€5) - from our traditional wood fired oven.

Where: The Scariff Community Gardens at the East Clare Community Co-Op.

No Booking Required.

@eastclarecoop

Cooking Demo – A Taste on the Wild Side

Saturday 30th July at 4pm

Gourmet Game Ltd is a Wild Game provider based in Scariff, Co. Clare. Owner Eamonn Giblin will be supplying Mountshannon local chef Noel Lyons with a variety of produce such as Pheasant, Mallard, Rabbit and Venison for a cooking demonstration in the Fair Green. The delicious cooked game will be on offer for everyone to taste and enjoy. So, put this date in your diary and take a taste on the Wild Side! **€5 Festival Entry**

Where: Fair Green, Scariff, Co. Clare. No booking required. www.scariff.ie

AUGUST

Lough Derg Water Sports & Brookfield Farm Paddle Picnic

Sunday 7th August from 10am to 3pm

Experience our Lake's outstanding natural beauty and join us for a 4km guided canoe / kayak tour. Beginning at Kilgarvan Quay we shall paddle the 4km round trip, stopping for a picnic lunch half way to reflect and recuperate. At Brookfield you will meet the farmer, bee keeper & sustainable farming expert, Ailbhe. Walk and talk around her beautiful mixed farm. Welcome to all, no previous paddling experience necessary. Promising a splashing day out! **€40 per person. Discounts for families**

Where: Start at Kilgarvan Quay.

Pre-Booking Essential.

Phone: 086 411 4822 or 086 873 9242 www.loughdergwatersports.com

and www.brookfield.farm

@farmbrookfield

Cheese Tasting & Walking on the Lough Derg Way

Saturday 6th of August at 1pm

Explore the beauty of the Lough Derg Way with a short guided walk offering amazing views of Lough Derg. After a 30 – 45min easy walk, meet the cheesemongers Kay and Paddy on their farm and sample some delicious Derg Farmhouse Cheese. **Free Event**

Where: Meet at Larkin's Garrykennedy for start of walk.

Booking Essential.

Phone: 086 878 9973 or 086 243 1615

@dergcheese

Bakery Demo & Tastings With Una

Wednesday 10th August from 7.30pm to 9pm

Have you always wanted to learn how to bake a fatless cake or delicious bread? Now you can learn from a pastry chef with a demonstration at Una M's Cakes in historic Portumna Town. Come along and Una will give you tips and tastings on the night. **Free Event**

Where: Una M'S Cakes, Clonfert Avenue, Portumna, Co. Galway.

Booking Essential. Phone: 087 664 0288

@muldoonuna

Pop Up Italian Bistro Night

Saturday 13th August 2016 at 7.30pm

Come to the Lough Derg Lakelands and experience an Irish-Italian evening of food and music, using local ingredients served with Italian flair at the East Clare Community Co-Op. Open to everyone, particularly those interested in eating locally grown and sourced produce. **Cost €20. Booking Essential.**

Where: Sustenance Building at the East Clare Community Co-Op, Scariff,

Co. Clare. Booking Essential. Phone: 061 921 536

@eastclarecoop

